

Send a letter

Children are connected with and contribute to their world*

Activity

Encourage children to write letters, short notes or even draw a picture to send to the people they're missing at the moment. You may want to post the letter or if it's someone nearby go for a walk to put it in their letterbox.



Age 3-5 - Indoor



Your child will discover

By thinking about the people that are important to them it will help children feel more connected and provide an opportunity to express their feelings. It will not only brighten someone's day when they receive the message but the gesture is likely to be reciprocated which will in turn brighten their day.



Language to use

Friends, grandparents, cousins, neighbours, feelings, honesty, sharing, connecting, thoughtful



Questions to ask

- What do you miss about them?
- What do you want to do with them when isolation is over?
- How do you think they'll feel when they get your letter?
- Have they learned anything new while in isolation?



Equipment you'll need

Paper, pencils, envelope. Stamps if you intend to post.

*Learning outcome from Early Years Learning Framework